



Grow Amsterdam NY wants to bring fresh local organic produce to Amsterdam and support local family farming. Would you be interested in having your own personal farmers market? Join us and help launch a CSA.

What is a CSA? Community Supported Agriculture- Is a partnership between a community and a farm. The farmer gets a guaranteed income and market for their produce. The community gets great local, organic food in return.

How does it work? Basically, you buy a "share" in a farm for a season. The farmer uses your money to... farm! Then each week they deliver a truckload of produce to us! CSA Members stop by the same day to pick up their share of food. A typical vegetable share provides enough for a household of two adults. CSA farms provide shares of vegetables, fruit, flowers, and eggs you can choose from. A typical season runs from June through October for 20 or more weeks. The shares will be smaller in the beginning; as the season progresses there will be more in the box.

The farmer calculates what they need to grow food for us, which is more efficient than planting extra that may not sell at a farmers market. The savings are passed on to the CSA. A typical vegetable share runs between \$25 and \$35 per week. Our CSA farmer will accept SNAP if that helps you too. We will offer weekly shares and Every Other Week (EOW) shares. Think of EOW shares like a half share.

The pick-up location will likely be the 78 Wall St garden. Grow Amsterdam NY would also consider a business location if there are a concentrated number of employees that would join the CSA and the business is able to host the distribution. CSAs are a community and members are encouraged to help out at the distributions. Don't worry you won't have to work on a farm!

These are the broad strokes, and if we get enough preliminary interest Grow Amsterdam NY can select a farm and iron out the details. The CSA needs a minimum of ten members to launch.

To us, there is nothing more satisfying than knowing who grows your food, where it comes from, and how it was grown. Veggies also don't get any fresher unless you grow them yourself. The farm will harvest everything the day before or the same day and bring it right to us.

Please let us know if this sounds like something you want to be involved in or have any questions

Thank you,
Tom

Mailing Address: 10 Church Street Unit 514 Amsterdam, NY 12010

Office 518-620-1802 [REDACTED] Email: growamsterdamny@gmail.com